

PRE-OPERATIVE PATIENT INSTRUCTIONS

SURGERY DATE: _____ RIGHT Eye LEFT Eye

*ARRIVAL TIME: _____ *This is not the time of your surgery

PLEASE CONTACT YOUR SURGEON'S OFFICE TO CONFIRM YOUR ARRIVAL AND SURGERY TIME AS THEY ARE DETERMINED BY YOUR SURGEON'S OFFICE!

PLEASE CONFIRM YOUR PRE AND POST OPERATIVE EYE DROPS WITH YOUR SURGEON!

Food & Drink:



- **DO NOT EAT** any solid foods **OR** have anything to **DRINK AFTER MIDNIGHT.**
- **DO NOT CONSUME** gum (this includes sugar-free gum), candies, mints, or cough drops.

Medication Instructions:



- You **SHOULD** take your morning pills as usual (**BUT NOT YOUR DIABETIC PILLS**) with your clear fluids three hours before you come to the clinic.
- **DO NOT** take your diabetic medication on the morning of your surgery.
- **DO NOT** take your insulin.
- **YOU MUST** bring your insulin with you to KEI (Kensington Eye Institute).
- **DO BRING** all your prescription medication with you in their bottles

IF YOU DO NOT FOLLOW THESE INSTRUCTIONS, YOUR SURGERY MAY BE CANCELLED.

Reminders:

- **Bring your OHIP (health) card** to every visit.
- Wear loose fitting clothing that opens in the front.
- **DO NOT** wear multiple layers of clothing, full slippers, or dresses.
- **DO NOT** wear eye makeup, perfume, or cologne.

Important:



- **YOU MUST HAVE SOMEONE TO TAKE YOU HOME.** Your pickup needs to come up to the 6th floor to collect you (**taxi services and Wheel-Trans doesn't count**).
- **BRING ONE PERSON** with you to act as a **TRANSLATOR** (if necessary). They are to stay until you are discharged from surgery. They will also accompany you home.
- If your pickup is coming later, you must provide us with their name and phone number.
- **Unexpected complications and cancellations on the day of surgery will delay or advance your surgery time. Please plan accordingly.**
- **It is not advisable to book any other appointments on the day of surgery**

Parking:

- Underground and accessible via Brunswick Avenue (the ramp is on the right side).
- 6:00 AM to 6:00 PM, Monday to Friday.
- **\$20 ALL DAY BEFORE 8:30 AM | \$10 ALL DAY AFTER 8:30 AM**
- Pay with credit card or coins, enter license plate number, and take ticket with you.